

CELEBRATING
People · Progress · Purpose



OAKLAND
COUNTY
COMMUNITY
MENTAL
HEALTH
AUTHORITY

Annual Report 2012-2013

OUR MISSION

INSPIRE *hope*

EMPOWER *people*

STRENGTHEN *communities*

OUR CORE VALUES

We promote equality and personal choice leading towards self-directed lives.

We are guided by the goals, needs, and desires of people we serve.

We lead with integrity, accountability, and transparency.

We strengthen our community by identifying needs and implementing innovative solutions.

We collaborate in shared purpose with individuals served, staff, service providers, and the community.

OUR VISION

Oakland County Community Mental Health Authority will be recognized as a national leader in the delivery of quality integrated physical and mental health supports and services to children and adults with developmental disabilities, mental illnesses, and substance use disorders. We respond to our community's needs and empower people to achieve the lives that are important to them.





The most important lesson that we both learned during Oakland County Community Mental Health Authority’s 50th Anniversary celebration is this: not all heroes wear capes, have super powers, or undisputed popularity. In fact, when it comes to heroes within the public mental health system, the greatest among us are often those who receive the least recognition.

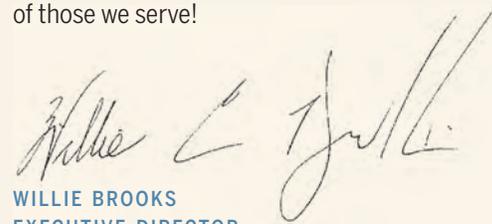
When President Kennedy stood before Congress in 1963 and challenged them to ensure equality and independence for persons who had a developmental disability or mental illness, he must have known that for many decades, heroes would step forward to make his vision a reality.

People would respond to a greater calling and become case managers. Communities would embrace inclusion. Advocates would champion for the rights of their family members, neighbors, and friends. American citizens would believe in their ability to achieve — refusing to be defined by a label or disability.

And all of us, everyone who is part of OCCMHA’s network, shares in this remarkable legacy. Reflecting on our history should inspire hope for the future. Oakland County’s public mental health system has not survived for 50 years because all was simple and perfect. Our county’s public mental health system has survived and succeeded because we are resilient.

Heroes have and will continue to show up in the most unlikely places and situations. Challenges will be addressed, solutions will be found, and 50 years from now, others will look back and celebrate our ambitions to inspire hope, empower people, and strengthen communities.

Thank you to all of the heroes who make a difference in the lives of those we serve!


WILLIE BROOKS
 EXECUTIVE DIRECTOR


MALKIA MAISHA-NEWMAN
 BOARD CHAIR

PRESIDENT KENNEDY'S VISION

for

COMMUNITY MENTAL HEALTH

50

Fifty years ago President John F. Kennedy

addressed Congress on February 5, 1963 to plead his case that the time had arrived for the United States to tackle what he described as critical and tragic health problems – mental illness and developmental disabilities.

His speech described the despairing conditions of America's national institutions and health care for individuals with disabilities. He made a passionate call for Congress to: "promote – to the best of our ability and by all possible and appropriate means – the mental and physical health of all our citizens."

Eight months later, On October 31, 1963 the Mental Retardation Facilities and Community Mental Health Centers Construction Bill was passed into law, giving counties the ability to establish local, community-based mental health outpatient programs funded by the State and the county. Oakland County was the first in Michigan to act upon the new law and on December 13, 1963 held its first Community Mental Health Board meeting.

In 1963, approximately 800,000 people lived in the nation's institutions – 600,000 for mental illness and more than 200,000 for developmental disabilities. They were forced to endure what Kennedy described as, "shamefully understaffed, overcrowded, unpleasant institutions from which death too often provided the only firm hope of release."

Today, OCCMHA oversees a successful public mental health system that provides services and supports to approximately 22,000 Oakland County residents, including adults and children with developmental disabilities, adults with serious mental illness or substance use disorders, and children with serious emotional disturbance.



1960s

Michigan's shift from hospital care to community-based care was initiated by the Community Mental Health Centers Construction Act of 1963.

OCCMHA held its first board meeting on December 13, 1963. Oakland County was the first county in Michigan to establish a community mental health (CMH) service board.

50th ANNIVERSARY CELEBRATION

ART FOR ALL!

Many creative hands were needed to help transform more than 2,500 recyclable items like egg cartons and plastic lids into beautiful pieces of art used for OCCMHA's 50th Anniversary Commemorative Art display. Three adjoining doors were decorated with the colorful items, representing hope, people, and communities. Artist Ester Mauricio from the Art Experience led the project, which included the participation of people receiving services, OCCMHA's Board, service provider agencies, and OCCMHA's staff.



SPREADING THE WORD

What anniversary celebration would be complete without cake? In addition to giving special 50th Anniversary cakes to its core provider agencies for staff to enjoy, OCCMHA was also part of a statewide effort to deliver commemorative cakes to newspapers and television stations throughout Michigan. The cake deliveries were part of a communications strategy to make the media and the public aware of the historical event. Employees from Community Living Services/Oakland County took time to pose for a picture with their cake before diving in to enjoy the tasty treat.

REMEMBERING THE LEGACY

OCCMHA kicked off its year-long, 50th Anniversary celebration during a gathering of more than 100 people. In addition to announcing its new mission statement and plans for the upcoming year, OCCMHA invited five different individuals to share important achievements made from each decade of the community mental health system's history with the audience. Jackie Hellar is seen here entertaining the crowd with stories from the 1970s.



1970s

A five-year study funded by the state compared the outcomes of people with mental health illness who were admitted and those who received outpatient case management services. It was determined case management produced better results.

The new Michigan Mental Health Code (Public Act 258) became law, providing localized community care approach to services.

50th ANNIVERSARY

HERO AWARD WINNERS

In honor of its 50th Anniversary, OCCMHA presented monthly Hero Awards throughout 2013 to individuals who: champion for change, inspire and support others, lead anti-stigma efforts, advocate for equality and independence, and give back to their community.



JANUARY
DANIEL PERRY



FEBRUARY
FRAN KING



MARCH
ROSS GERTZ



APRIL
MIKE DALEY



MAY
JEFF GUTHRIE



JUNE
ROBIN PSENKA

1980s

El Centro 'La Familia' was initiated by OCCMHA in the Hispanic community.

Since 1980 the state had closed 34 state mental health institutions, 17 since 1990.



JULY
SHERRI RUSHMAN



AUGUST
MARSHA BRITTON-WADE



SEPTEMBER
LEON & MARY ELLEN JUDD



OCTOBER
JENNIFER HARVEY



NOVEMBER
ANN DIAL



DECEMBER
ASHLEE JACKSON

OPENING NEW DOORS

Celebrations of OCCMHA's past, spanning five decades, concluded with a look into the future as the organization hosted the grand opening of its new Resource & Crisis Center on the Oakland County Campus. More than two hundred people were given tours of the 40,000 square foot facility which is the new home of Common Ground's crisis intervention services, as well as the 24 Hour Resource & Crisis Helpline.



1990s

Public Act 290 called for all CMH Boards, as well as the state advisory council, to have a 1/3 representation of persons receiving services.

OCCMHA separated from Oakland County Government and officially became an "Authority". A CMH Authority is still a governmental entity, but is legally separate from the county or counties that establish it.

2013 OCCMHA PROVIDER NETWORK HIGHLIGHTS



Jen James is Common Ground's Crisis Line supervisor and Chat/Text Program specialist.

COMMON GROUND ↑

Common Ground understands the value of partnerships and collaboration and uses that approach to reach more young people in need. In the last fiscal year, the agency was one of four non-profits in southeastern Michigan that formed a collaborative alliance to help runaway and homeless youth. Common Ground also announced a formal partnership with Crisis Text Line, Inc., an organization that serves young people in crisis.

The Runaway and Homeless Youth Regional Alliance is dedicated to providing safe places where youth can get food, shelter, and short and long-term support to help them become self-sufficient and live independently. Common Ground was chosen to participate in the expansion of Crisis Text Line, Inc. because of the success and expertise of its Crisis Telephone Line, online Crisis Text platform, and Crisis Telephone Line specialists, addressing more than 50,000 calls in 2012.

COMMUNITY HOUSING NETWORK →

Community Housing Network (CHN) announced its largest development ever with construction of 32 scattered-site, single family lease to purchase homes in Unity Park, Pontiac. The \$8.47 million Unity Park Rental development is funded through a housing tax credit reservation through Michigan State Housing Development Authority. The project also includes project based vouchers and a mixed-income structure.

CHN also: 1.) Completed construction and fully leased the 24-unit Palmer Pointe Townhomes in Pontiac. 2.) Broke ground for the Section 811 barrier-free Independent Supportive Housing

Oakland III development with two homes in Southfield, two homes in Auburn Hills and one in Rochester Hills. 3.) Began substantial renovation on 11 units in four homes, three in Farmington and one in Rochester Hills.

COMMUNITY LIVING SERVICES

The goal of the supports authorized through CLS/OC is aimed at helping people achieve Real Life Quality Outcomes, which are outcomes that are valued by ALL members of society – Control Over One's Own Home, Income Generation, a Contribution to One's Community, Long-Term Loving Relationships, and Health & Safety. CLS/OC always takes a "Community First" approach when helping people develop their individualized plans focused on helping people achieve active, respected lives as valued members of their local communities. Person-Center Planning is facilitated with a strong community-based focus, as "Getting great services" is obviously not the goal for people with disabilities. . . "GETTING A GREAT LIFE" is.

COMMUNITY NETWORK SERVICES

CNS piloted several new programs aimed at physical health and wellness. A six-week cooking class offered by the Gleaners Community Food Bank was very popular with persons receiving services through CNS. This success prompted the CNS Young Adults group to also enlist the Gleaners' program. At the Visions Clubhouse in Pontiac, 15 members participated in six-week Tai Chi class. Enthusiasm for the program and the efforts to improve their wellness prompted clubhouse members to vote to extend the Tai Chi program for additional eight weeks.



2000s

OCCMHA reorganized. It no longer offers direct services, but instead leads a core service provider network.

Michigan Consumer Evaluation Team (MCET) was created to support the influence of people receiving services in the formulations, implementation, and management of health related programs.

Michigan's last state institutions for the persons with developmental disabilities was closed.

EASTER SEALS MICHIGAN

Easter Seals' Supported Employment program is an evidence-based approach to helping people with disabilities participate in the competitive labor market, helping them find meaningful jobs, and providing ongoing support from a team of professionals. Through involvement in this innovative employment program, many of people receiving services from Easter Seals have acquired valuable job seeking skills and experience, very often resulting in gainful employment. They also report that this has been instrumental in maintaining mental health stability and seeing themselves as a productive member of their community.

From Fiscal Year 11-12 to 12-13, Easter Seals Michigan saw a 28% increase in individuals enrolled in its employment program. In 2013 alone, out of a total enrollment of 78 individuals, there were 101 job offers to adults for competitive employment within the community.



Through relentless dedication and service coordination, MORC helped Drew Canada (l) realize his dream of attending the University of Michigan. Angela Haddad (r) is preparing for future employment by completing an internship rotation in food services at Henry Ford West Bloomfield hospital. This unique experience is part of the Project SEARCH program.

MACOMB-OAKLAND REGIONAL CENTER ↑

MORC continued its valuable mission of supporting individuals with developmental disabilities to live full, rich, and independent lives in the community. Highlights over the past year include helping individuals served realize their educational dreams, find fulfilling employment through the Project SEARCH program and gain recognition for their artistic achievements through an innovative poetry collaboration funded by the Michigan Council for Arts and Cultural Affairs. Additionally, the launch of a new Autism Program providing affordable Applied Behavior

Analysis therapy to children aged eighteen months to six years is bringing new hope to families struggling with this disorder. Through strong community connections, innovative programs and passionate advocacy, MORC is empowering those with developmental disabilities towards high quality, successful lives.

OAKLAND FAMILY SERVICES

OFS successfully completed registration for the first stage of the Meaningful Use Incentive as part of the Hi Tech Act and Affordable Care Act program to improve patient care. Also in 2012, Oakland Family Services was recognized as a Top 100 Workplace in Michigan by the Detroit Free Press. Since 1921, the agency has been dedicated to providing individuals and families the opportunity to build brighter futures through the provision of quality prevention, education and treatment services throughout southeastern Michigan.

TRAINING AND TREATMENT INNOVATIONS ↓

TTI's Clubhouse Inspiration staff members settled into the new clubhouse location after being moved to create space for an integrated healthcare office that would focus on complete, coordinated care. Integrated Health Care was also the driving force behind TTI's First Annual Wellness Fair, which was attended by approximately 130 people. TTI targeted Trauma-Informed Care as well, completing a two-year training initiative that will help staff best promote recovery and healing for people who have had traumatic experiences. Events like the consumer holiday party – attended by more than 300 people – and two consumer craft shows were part of TTI's ongoing efforts to provide access to recreational activities.



2010s

Oakland Integrated Healthcare Network (OIHN) is established by OCCMHA to provide affordable quality healthcare for the community and was approved as a Federal Qualified Health Center Look-alike.

OCCMHA was selected by the Michigan Department of Community Health to be one of the 10 Prepaid Inpatient Health Plans in the state going forward.



COMMUNITY, COLLABORATION, CARNIVAL

OCCMHA and its core provider agencies joined forces to host a free community carnival for the people it serves and Oakland County residents. Over 1,000 individuals and families spent an afternoon playing games, winning prizes, watching entertainment, and enjoying carnival snacks.

2013 ACHIEVEMENT AWARDS

These awards honor the successes and accomplishments of individuals who have disabilities, including adults with mental illness and children with serious emotional disturbances, as well as adults and children with developmental disabilities.

Stigma Buster: David Taylor and Yvette Thomas

Rights and Advocacy: Royal Oak resident, Adam Laird

Helping Hands: Dominic Randazzo

My Life Award: Erica Pusey and Dawn Fox

Director's Award: Elizabeth Janovits and Amit Agrawal



Front row (l-r): Amit Agrawal, Dominic Randazzo, Adam Laird, and David Taylor.
Back row (l-r): Dawn Fox, Elizabeth Janovits, Erica Pusey, Yvette Thomas, and Jeff Brown



Teddy Fitzmaurice

2013 DAN MORAN AWARD

The award was established in memory of former OCCMHA Recipients Right Trainer, Dan Moran, to honor individuals receiving support from Oakland County's public health system whose actions raise awareness and educate others about mental health or developmental disabilities.

WALK-A-MILE IN MY SHOES

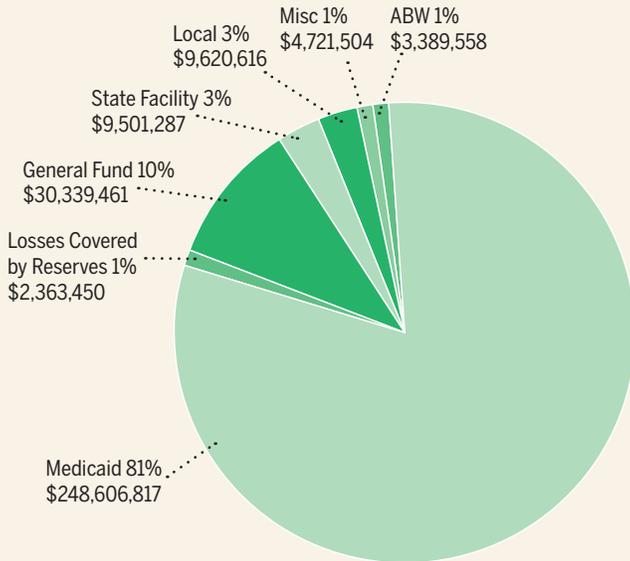
More than 300 people representing Oakland County participated in the 2013 Walk-A-Mile Rally. The event is sponsored by Michigan's 46 community mental health agencies in honor of May as Mental Health Month.

The goal is to urge legislatures to recognize the importance of mental health services and to fight stigma toward people who have a mental health disorder or developmental disability.

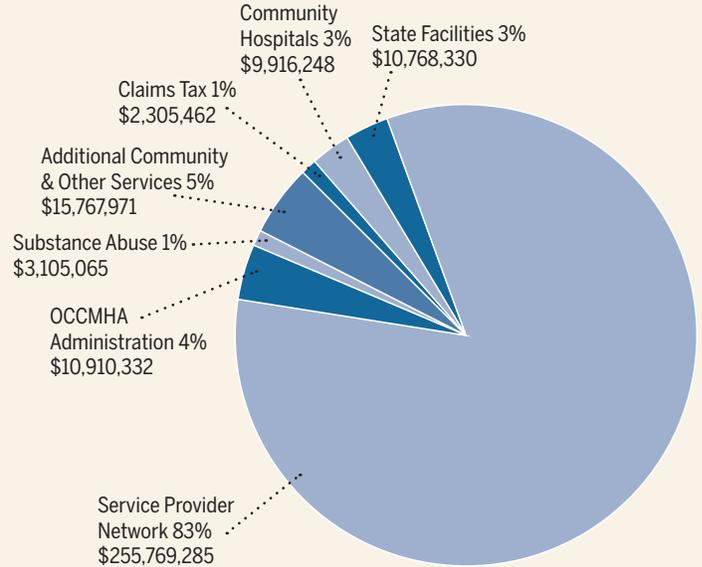


2013 OCCMHA FINANCIAL REPORT

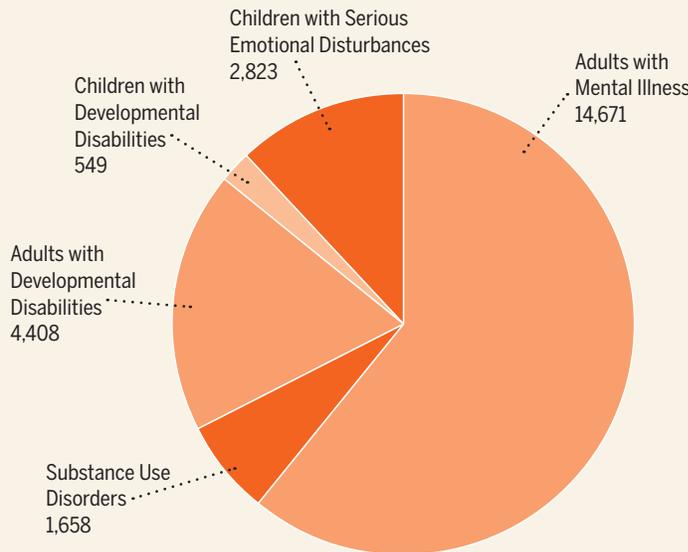
Revenue Fiscal Year 2013: \$308,542,693



Expense Fiscal Year 2013: \$308,542,693



Number of People Supported by Service Designation



Total Number of People Served by OCCMHA in 2013:
23,003
 (unduplicated)

Service Providers	Adults and Children Served by OCCMHA Funding*	OCCMHA Funding
Community Living Services/OC	946	\$ 14,156,381
Community Network Services, Inc.	5,497	\$ 32,841,178
Common Ground, Inc.	4,985	\$ 9,467,711
Easter Seals Michigan	7,613	\$ 34,293,003
Macomb-Oakland Regional Center, Inc.	3,885	\$ 136,195,996
Oakland County Health Division Office of Substance Abuse Services	1,658	\$ 3,105,065
Oakland Family Services	561	\$ 3,105,548
Training and Treatment Innovations, Inc.	1,614	\$ 18,102,730

*Individuals may receive multiple services from more than one OCCMHA provider.

2013 OCCMHA
BOARD OF DIRECTORS

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Judith Summers

Steffan Taub, M.D.

WHO WE SERVE AND SUPPORT

ADULTS AND CHILDREN WITH DEVELOPMENTAL
DISABILITIES

Autism Disorder Spectrum

Cerebral Palsy

Down Syndrome

Epilepsy

Spina Bifida

Sensory Related Disorders

Tourette's Syndrome

ADULTS WITH MENTAL HEALTH ILLNESSES

Alcohol/Substance Use

Bipolar Disorder

Major Depression

Schizophrenia

CHILDREN WITH SERIOUS EMOTIONAL DISTURBANCES

Anxiety Disorders

Attention-Deficit Disorder

Bipolar Disorder

Conduct Disorder

Depression

Eating Disorders

Obsessive Compulsive Disorder

Schizophrenia

*When people who have developmental disabilities,
mental health illnesses, substance use disorders,
or children with serious emotional disturbances
need services, OCCMHA's provider network
delivers solutions.*

COMMUNITY MENTAL HEALTH



Resources & Crisis 24-hour Helpline: 800.231.1127

Customer Services: 800.341.2003

Administrative Offices: 248.858.1210

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Auburn Hills, MI 48326

www.OCCMHA.org

